

Put Yourself In The Picture

Put Yourself in the Picture images can help participants articulate all sorts of things and can be used with individuals, as well as groups. Here are some ways I use this Going Deeper image in my own workshops and conversations:

Introduction Round

Give each participant a copy of the image and invite them to imagine it represents the workshop they are in. Explain that we all show up to a workshop in different ways, and that the invitation is for everyone to take themselves a little deeper.

Invite participants to 'put themselves in the picture', in a way that represents what Going Deeper looks like to them. Have participants share with a partner or small group, before inviting a few people to share back into the room.

Team Portrait

Print a large copy of the image and attach it to a wall or whiteboard. Invite the team to gather around and imagine that the image represents a day in their workplace. Have participants 'put themselves in the picture' in a way that represents how they see their role or their place in the team. Participants take turns sharing their thoughts with the rest of the team.

Workshop Check-In

Print a large copy of the image and attach it to a wall or whiteboard. Invite the group to gather around and imagine that the image represents the workshop or learning journey so far. Have participants 'put themselves in the picture' in a way that represents how they are feeling about the programme or the progress that has been made to date.

Wrap-Up Round

Give each participant a copy of the image and invite them to imagine it represents the real world outside of the workshop. Have participants 'put themselves in the picture' in a way that represents one thing they will do—or do differently—as a result of the workshop.

Give participants time to draw themselves into the image, along with anything they might need to increase the likelihood of taking action. Invite participants to write their intended actions on the back of the image and share with a partner or small group, before sharing back into the room.

I would love to hear how you are using this image in your own context. Celebrate your success with me by emailing kerri@kerriprice.co.nz

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