

There are dozens of ways you can use these ‘Wise Words’ cards and no one way is better than another. It’s all about context. Here are some ways I use these cards in my own workshops and conversations:

### **Introduction Round: What Resonates with You?**

Lay the cards on the floor and invite participants to choose a card that resonates with them. Invite each person to share their quote into the room and describe how that advice plays out in their own life.

### **Connection Round: Agree or Disagree**

As each person arrives at the workshop, invite them to choose a card from the face-down pile. To kick off the session, invite participants to pair up, share their quote, and discuss whether they agree or disagree with the principle expressed. Give them a few minutes to dive deeper, then invite them to swap cards, find another partner, and repeat the process.

### **Stimulate Creative Thinking: Assign a Way of Thinking**

In a problem-solving—or ideation session—it’s easy to get trapped exploring the same-old ideas, so it’s useful to get people thinking from a different part of their brain. After an initial round of brainstorming, invite people to choose a card from the face-down pack and then re-start their thinking ‘as if’ they were taking the advice on the card.

### **Group Problem Solving: Crowd Source Solutions**

Invite participants to take turns sharing a challenge or hurdle they are currently facing. After each person has shared, others in the group choose a card that they think is good advice for the situation.

### **Coaching Session: What Advice Do You Think Would Be Helpful?**

Once the coaching client has shared their current challenge or hurdle, invite them to choose a quote that they think would be good advice in this situation. Invite them to share how they might put that advice into action.

I would love to hear how you are using these cards in your own context. Celebrate your success with me by emailing [kerri@thefacilitatorsnetwork.co.nz](mailto:kerri@thefacilitatorsnetwork.co.nz).

— “ —

I like to play in the grey areas of life — that’s the most **uncomfortable** place to be.

*Melanie Lynskey*

— ” —

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— “ —

**Diligence** is the mother of good luck.

*Benjamin Franklin*

— ” —

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Talent wins games, but **teamwork** and intelligence wins championships.

*Michael Jordan*

— ” —

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— “ —

It is often the small steps, not the giant leaps, that bring about the most **lasting change**.

*HRH Queen Elizabeth II*

— ” —

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— “ —

Chaotic action  
is **preferable** to  
orderly inaction.

*Will Rogers*

— ” —

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— “ —

**Education** is the most  
powerful weapon you  
can use to **change**  
**the world.**

*Nelson Mandela*

— ” —

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— “ —

If you want to lift  
yourself up, lift up  
**someone else.**

*Booker T. Washington*

— ” —

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— “ —

It took me quite a long  
time to **develop a voice**,  
and now that I have it, I  
am not going to be silent.

*Madeleine Albright*

— ” —

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— “ —

We will fail  
when we  
fail to **try**.

*Rosa Parks*

— ” —

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— “ —

**Opportunity** is missed  
by most people because  
it is dressed in overalls  
and looks like work.

*Thomas Edison*

— ” —

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— “ —

**Champions** keep  
playing until they  
get it right.

*Billie Jean King*

— ” —

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— “ —

A dead end street  
is a good place to  
**turn around**.

*Naomi Judd*

— ” —

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— “ —

The most difficult thing is the **decision to act**; the rest is merely tenacity.

*Amelia Earhart*

— ” —

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— “ —

Never bend your head.  
Always **hold it high**.  
Look the world  
straight in the eye.

*Helen Keller*

— ” —

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— “ —

Remember that the airplane takes off **against the wind**, not with it.

*Henry Ford*

— ” —

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— “ —

Sometimes you will never know the **value of a moment**, until it becomes a memory.

*Dr. Suess*

— ” —

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— “ —

The important thing is not to stop questioning. **Curiosity** has its own reason for existing.

*Albert Einstein*

— ” —

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It takes as much energy to **wish** as it does to **plan**.

*Eleanor Roosevelt*

— ” —

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It took me **a long time**, but I don't feel anxious about stupid things anymore—or perhaps they've just been replaced by more complicated stupid things.

*Neil Finn*

— ” —

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— “ —

**Organising** is what you do before you do something, so that when you do it, it is not all mixed up.

*A. A. Milne*

— ” —

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— “ —

Why be a star when  
you can make a  
**constellation?**

*Mariam Kaba*

— ” —

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— “ —

Success isn't always  
about greatness. It's  
about **consistency.**

*Dwayne (The Rock) Johnson*

— ” —

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— “ —

A new idea must  
not be **judged** by  
its immediate results.

*Nikola Tesla*

— ” —

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You can't make  
**decisions** based on  
fear and the **possibility**  
of what might happen.

*Michelle Obama*

— ” —

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**Right is right** even if no one is doing it;  
**wrong is wrong** even if everyone is doing it.

*Saint Augustine*

— ” —

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— “ —

In real life, **strategy** is very straightforward. You pick a **general direction** and implement it like hell.

*Jack Welch*

— ” —

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— “ —

It's just a matter of **understanding** what's necessary and disciplining yourself to do it.

*Arthur Lydiard*

— ” —

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Example is not the main thing in influencing others. It is the **only thing**.

*Albert Schweitzer*

— ” —

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The only limit to your impact is your **imagination** and commitment.

*Tony Robbins*

— ” —

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Contentment comes when you find the people, places, and events in life you were **created to impact**.

*T.D. Jakes*

— ” —

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Everything I do is just really my **intuition**, and every time I go against my intuition, it's a mistake.

*Tamara Melon*

— ” —

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Learn avidly. **Question repeatedly** what you have learned. Analyze it carefully. Then put what you have learned into practice intelligently.

*Edward Cocker*

— ” —

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**Risk** is just an expensive substitute for **information**.

*Adrian Slywotzky*

— ” —

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A **good rule** of thumb is to assume that everything matters.

*Richard Thaler*

— ” —

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A problem never **exists in isolation**; it is surrounded by other problems in space and time.

*Russell L. Ackoff*

— ” —

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That's what I consider true generosity: You give your all, and yet you always feel as if it **costs you nothing**.

*Simone de Beauvoir*

— ” —

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— “ —

Live so that when your children think of **fairness, caring, and integrity**, they think of you.

*H. Jackson Brown, Jr.*

— ” —

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— “ —

**Harmony** makes small things grow; lack of it makes great things decay.

*Gaius Sallustius Crispus*

— ” —

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Don't think less of **yourself**, just think of **yourself less**.

*Ken Blanchard*

— ” —

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One of the marvellous things about **community** is that it enables us to welcome and **help people** in a way we couldn't as individuals.

*Jean Vanier*

— ” —

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**Intelligence** is the ability to adapt to change.

*Stephen Hawking*

— ” —

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The more you practice the art of **thankfulness**, the more you have to be thankful for.

*Norman Vincent Peale*

— ” —

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Don't confuse visibility with **credibility**.

*Harvey Mackay*

— ” —

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Without leaps of imagination, or dreaming, we lose the **excitement of possibilities**. Dreaming, after all, is a form of planning.

*Gloria Steinem*

— ” —

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This capacity for empathy leads to a genuine encounter. We have to progress toward this culture of encounter, in which **heart speaks to heart.**

*Pope Francis*

” —

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— “ —

There is a time to deliberate and a time to act. Learn to recognise **which is which,** and act accordingly.

*Douglas Merrill*

” —

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— “ —

It's not about being the biggest or the strongest, it's about having the **biggest heart** and the most **determination.**

*Beatrice Faumuina*

” —

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— “ —

It is not the mountain we conquer, but **ourselves.**

*Sir Edmund Hillary*

” —

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— “ —

You can never win anything unless you are there to **do something.**

*Dame Whina Cooper*

— ” —

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If you overthink things, you end up doing things without the **right reasons** in mind.

*Beauden Barrett*

— ” —

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— “ —

**Life is too short** to be super conservative, but it's also too short to make it any shorter.

*Zoe Bell*

— ” —

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— “ —

He who climbs a cliff may die on the cliff, so what? Always a risk-taker by nature, now I became one by intent.

*Ruth Park*

— ” —

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